

Success in Medicine

Menopause. At Amari Medical, the only center in Westchester with Advanced Hormone Balancing using Bio-identical Hormones, Dr. Shah offers free consultations to patients like Susan.

At 43 years old, Susan's energy level was declining. Raising two teens, working full time, and dealing with unusual bouts of anxiety and depression had taken its toll. She had become quick to snap, and overly emotional, too. "This wasn't me," she said, "and I wanted me back." After talking with her primary doctor, her gynecologist, and a psychiatrist, no one and nothing helped. Her saving grace was Amari Medical. With results from body function and lab testing, Dr. Shah told Susan that a hormonal imbalance was causing her to have symptoms that were not normal to her. He prescribed bio-identical hormone replacement treatments, a recommendation that was right on point. Within two months, Susan's anxiety subsided, and she was sleeping peacefully. Soon, she had her old energy back and felt like she was in her mid-thirties. Susan got her old self back.

SkinCenter

220 South Central Avenue Hartsdale, NY (914) 949-6200 bestskincenter.com



Joseph J. Sozio, MD

From Teenage Angst To Glowing Beauty

kinCenter founder Joseph Sozio, MD, reports that, not infrequently, clients will come in for treatment, have a good experience, and then recommend a relative or friend to SkinCensuch was the case of a Bronxville woman, a mother and prommember of the community who was pleased with the outcome of her own anti-aging treatments and wanted Dr. Sozio to meet her 16-year-old daughter who was suffering from acne.

Suffering, to be sure. The teenage problem of acne affects how one looks and feels every day, hurting self-esteem and confidence. Since Dr. Sozio's goal is always to help people feel better about themselves by helping them with their medical aesthetic issues he set out to treat the acne, typically caused by a combination of genetics, hormones sebaceous glands, and bacteria.

With a series of six laser treatments spaced three weeks apart and using other modalities in between, Dr. Sozio eliminated the acne, eased the girl's apprehension, and brought back a beautiful glow to her face—no small turn of events in the life of a young woman eager to get on with enjoying her teenage life!

Westchester Eye Associates

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Dr. James R. Gordon, MD, PC, FACS

Needlepointers, No Need For Glasses!

very needlepointer knows it takes meticulous care to bring designs to life, stitch by stitch. Dr. James Gordon, board certified ophthalmologist and oculoplastic surgeon, knows it great eyesight, too.

Recently, a 75-year-old Westchester woman who loves to needlepoint visited Dr. Gordon's White Plains office. She was wearing thick glasses for distance and

